



INSTITUTION'S INNOVATION COUNCIL (IIC)

SHRI RAM COLLEGE, MUZAFFARNAGAR

DEPARTMENT OF BIOSCIENCES



Date: 03-04-2026

NOTICE

The Institution's Innovation Council (IIC), Shri Ram College, Muzaffarnagar, in collaboration with the Department of Bioscience, is organizing an **Awareness Programme** on the occasion of **World Health Day** on the theme **"Together for Health: Stand with Science."** The programme will be held on **07 April 2026 at 11:00 AM** in the **SRC Auditorium**.

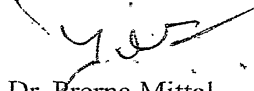
All students are cordially invited to attend and actively participate in the program.

Furthermore, a **PowerPoint presentation competition** will be conducted as part of the event, based on the aforementioned theme. Interested students are requested to register their names with **Mr. Ankit Kumar (7983167147)** before **06 April 2026**.


Dr. Vipin Kumar Saini

Head

Department of Biosciences


Dr. Perna Mittal

Principal

Shri Ram College, Muzaffarnagar

Copy to: For Kind Information and Necessary Action:

1. Dr. Ashok Kumar (*Director, Shri Ram College*)
2. Dr. Saurabh Mittal (*Vice Principal, Shri Ram College*)
3. Dr. Vinit Kr. Sharma (*Dean, Academics, Shri Ram College*)
4. Dr. Nishant Rathi (*Dean, Computer Application*)
5. Dr. Parmod Kumar (*HoD, Physical Education*)
6. Dr. Manoj Dhiman (*Dean, Fine Arts*)
7. Dr. Ashfaq Ali (*HoD, Commerce*)
8. Dr. Shweta Rathi (*Dean, Home Science*)
9. Dr. Pooja Tomar (*HoD, Basic Science*)
10. Dr. Om Prakash Kushwaha (*HoD, JMC*)
11. Dr. Vivek Kumar Tyagi (*HoD, Business Administration*)
12. Dr. Nayeem Ali (*HoD, Agriculture*)



Institution's Innovation Council (IIC)

Shri Ram College, Muzaffarnagar

Department of Biosciences

WORLD HEALTH DAY

Activity Report

Theme: "Together for Health: Stand with Science"



Date: 07 April 2026

Venue: SRC Auditorium

Time: 11:00 AM

The Institution's Innovation Council (IIC), Shri Ram College, Muzaffarnagar, in collaboration with the **Department of Bioscience** and the **Department of Home Science**, Shri Ram College, Muzaffarnagar, organized a **World Health Day Awareness Programme** on **07 April 2026** at the **SRC Auditorium**. The programme was conducted to promote awareness about healthy living, disease prevention, and the importance of adopting scientific approaches to healthcare. Based on the World Health Day 2026 theme, "**Together for Health: Stand with Science**," the event encouraged students to understand the significance of evidence-based healthcare and healthy lifestyle practices.

The event commenced with the traditional lamp-lighting ceremony, followed by the formal welcome of the dignitaries. The occasion was graced by Dr. Perna Mittal, Principal, Shri Ram College, Muzaffarnagar, Dr. Ashok Kumar, Director, Shri Ram College, Muzaffarnagar, Dr. Vipin Kumar Saini, Head, Department of Bioscience, and Dr. Shweta Rathi, Dean, Department of Home Science, along with faculty members and students from various departments. Their gracious presence added significance to the occasion and encouraged students to actively participate in the awareness programme.

Dr. Perna Mittal (Principal, Shri Ram College, Muzaffarnagar) addressed the gathering and highlighted the growing importance of healthy eating habits in today's fast-paced lifestyle. She explained the harmful effects of **junk food** and emphasized the nutritional benefits of consuming a balanced and wholesome diet. She also advised students not to blindly follow food trends and experiments promoted through social media reels, as such practices may have adverse effects on health. Her inspiring address encouraged students to adopt healthier food choices and develop responsible lifestyle habits.

Dr. Ashok Kumar (Director, Shri Ram College, Muzaffarnagar) also addressed the students and emphasized that good health is the foundation of personal and professional success. He encouraged students to adopt healthy habits, engage in regular physical activity, maintain mental well-being, and rely on scientific knowledge while making health-related decisions. He appreciated the collaborative efforts of the Departments of Bioscience and Home Science in organizing such a meaningful awareness programme for the benefit of students.

One of the major highlights of the event was the **PowerPoint Presentation Competition**, organized on the theme of **World Health Day 2026**. Approximately thirteen students enthusiastically participated and delivered informative presentations on topics including balanced nutrition, healthy lifestyle, disease prevention, mental wellness, and the importance of scientific awareness in healthcare. The competition provided an excellent platform for students to enhance their communication, presentation, and research skills while promoting awareness about public health.

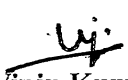
The presentations were evaluated by **Mr. Ankit Kumar** and **Ms. Aaysha**, who appreciated the confidence, originality, and scientific approach demonstrated by the participants. Based on the overall performance, **Anshika Tyagi (B.Sc. Biotechnology, II Semester)** secured the **First Prize**, **Avni Aggarwal (B.Sc. Microbiology, II Semester)** was awarded the **Second Prize**, and **Sneha Verma (First Year, Department of Home Science)** received the **Third Prize**.

Outcomes of the Programme

1. Enhanced awareness of **healthy lifestyle** and **disease prevention**.
2. Promoted **scientific and evidence-based healthcare practices**.
3. Improved students' **presentation and communication skills**.
4. Encouraged **healthy habits** and responsible lifestyle choices.
5. Strengthened **interdepartmental collaboration** and student participation.

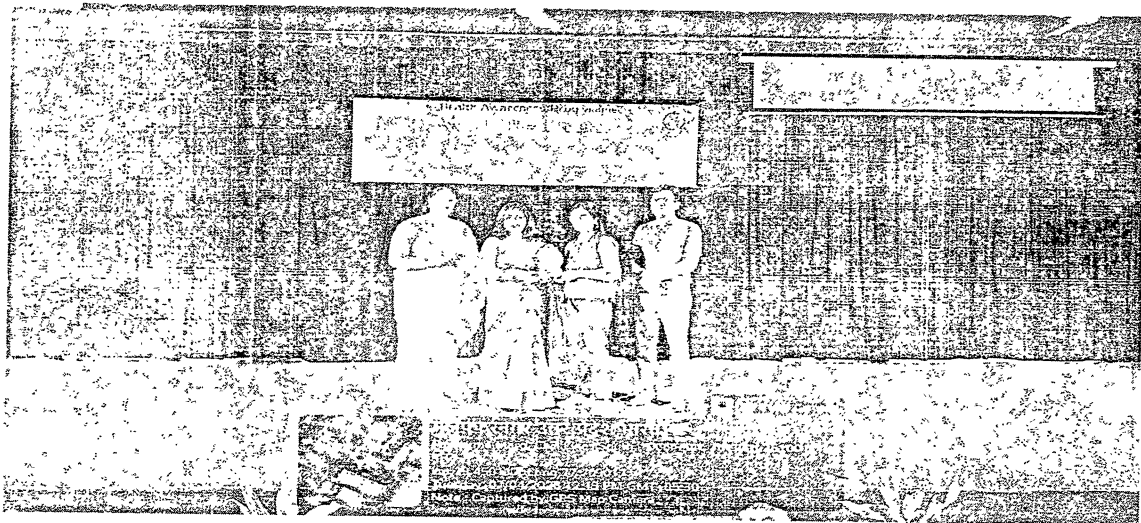
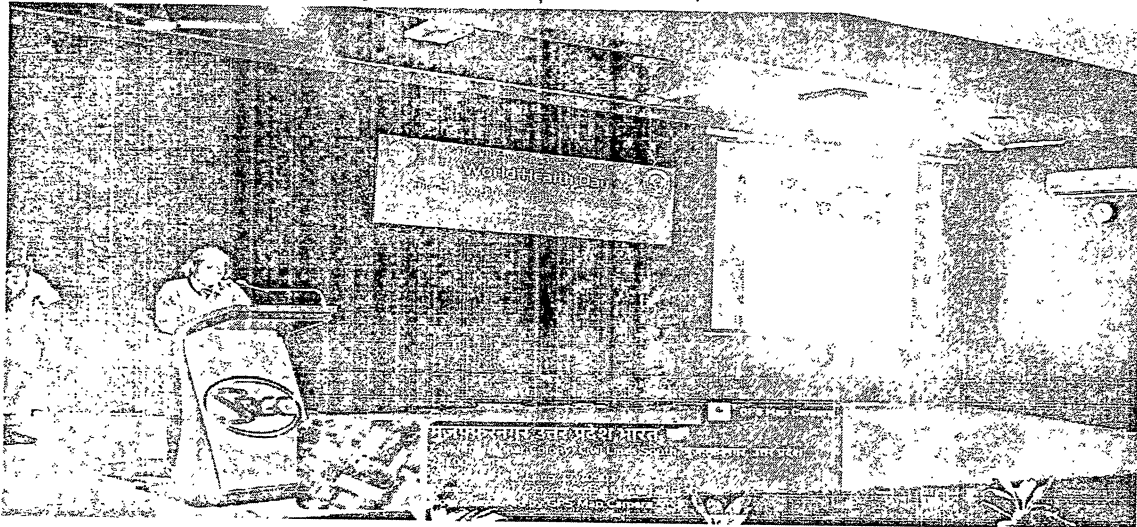
The programme concluded with a Vote of Thanks delivered by **Mr. Vikas Kumar Tyagi, Associate Professor, Department of Bioscience**. He expressed his heartfelt gratitude to **Dr. Prerna Mittal, Principal, Shri Ram College, Muzaffarnagar**, **Dr. Ashok Kumar, Director, Shri Ram College, Muzaffarnagar**, the Heads of Departments, faculty members, judges, participants, and students for their valuable support and enthusiastic participation in making the programme a grand success.

He also appreciated the dedicated efforts of the organizing committee and acknowledged the valuable contributions of each faculty member. He appreciated **Dr. Bushra Aquil** for efficiently coordinating the **lamp-lighting ceremony**; **Mrs. Shalini Mishra** and **Ms. Saniya** for gracefully anchoring the programme; **Ms. Ruby** and **Ms. Saba Rana** for successfully managing the **stage arrangements and prize distribution**; **Mr. Sachin Kumar**, **Ms. Divya Patiyal**, **Mr. Vikas Kumar Tyagi**, and **Ms. Tanu Tyagi** for maintaining discipline throughout the event; **Mr. Mohd. Salmaan** for managing the event **photography**; and **Mr. Ankit Kumar** for efficiently coordinating the media coverage and **documentation** of the programme. He congratulated the prize winners and appreciated all the participants for their enthusiastic involvement, which contributed to the overall success of the World Health Day Awareness Program


Dr. Vipin Kumar Saini

Head

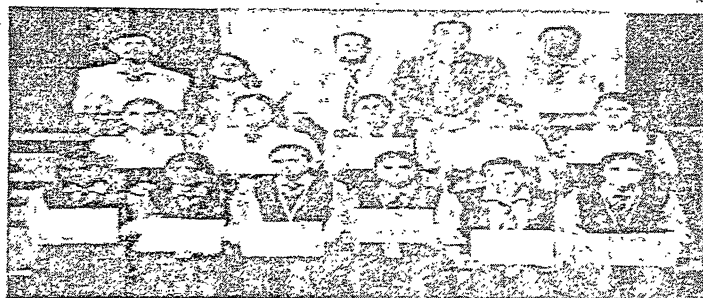
Department of Bioscience



वर्ल्ड हेल्थ दिवस पर श्रीराम ग्रुप में कार्यक्रम

शाह टाइम्स संवाददाता मुजफ्फरनगर। वर्ल्ड हेल्थ दिवस के अवसर पर श्रीराम ग्रुप आफ कालिजेज के विभिन्न महाविद्यालयों में अलग-अलग कार्यक्रमों का आयोजन किया गया। श्रीराम कालिजेज में मुख्य कार्यक्रम का शुभारंभ महाविद्यालय के निदेशक डॉ. अशोक कुमार व प्राचार्य डॉ. प्रेरणा मिश्र द्वारा दीप प्रज्वलन कर किया गया।

दीप प्रज्वलन के पश्चात अपने उद्घाटन संबोधन में उन्होंने कहा कि स्वस्थ शरीर ही समस्त सुख का मूल स्रोत है। लोगों को इसे सबसे बड़ा बरदान समझना चाहिए और इसका कभी भी दुरुपयोग नहीं करना चाहिए।



विश्व स्वास्थ्य संगठन (WHO) विश्व स्वास्थ्य दिवस + अवसर पर लोगों को वैश्विक स्वास्थ्य के महत्त्व के बारे में सचेत कर रहा है। इस कार्यक्रम

में राबोसाईस विभाग एवं हीम साईंस विभाग के विद्यार्थियों के द्वारा इस थीम पर अपने विचार सावर पॉइंट प्रजेन्टेशन के माध्यम से प्रस्तुत किये गए।

SHRI RAM COLLEGE, MUZAFFARNAGAR

An- Autonomous College

DEPARTMENT OF BIOSCIENCE

World Health Day

LIST OF PARTICIPANTS

2025-26

Date-07-04-2026

S.No.	STUDENTS	CLASS	SIGNATURE
1	ATUL	B.Sc. Biotechnology 2nd Year	Atul
2	AYUSH	B.Sc. Biotechnology 2nd Year	Ayush
3	AYUSHI CHAUHAN	B.Sc. Biotechnology 2nd Year	A. Chauhan
4	DEEPANSHI	B.Sc. Biotechnology 2nd Year	Deepanshi
5	DIPANSHI	B.Sc. Biotechnology 2nd Year	Dipanshi
6	HARSH KUMAR	B.Sc. Biotechnology 2nd Year	Harsh Kumar
7	HARSH SAINI	B.Sc. Biotechnology 2nd Year	Harsh
8	HARSHITA SAINI	B.Sc. Biotechnology 2nd Year	Harshita
9	IQRA PARVEEN	B.Sc. Biotechnology 2nd Year	Iqra
10	JATIN KUMAR	B.Sc. Biotechnology 2nd Year	Jatin
11	JISHAN	B.Sc. Biotechnology 2nd Year	Jishan
12	MOHD ANAS	B.Sc. Biotechnology 3rd Year	Anas
13	MOHD. FAISAL	B.Sc. Biotechnology 3rd Year	M. Faisal
14	PAYAL RAJPUT	B.Sc. Biotechnology 3rd Year	Payal
15	PRITI KUMARI	B.Sc. Biotechnology 3rd Year	Priti
16	PUJA KUMARI	B.Sc. Biotechnology 3rd Year	Puja
17	PUJA KUMARI TUDU	B.Sc. Biotechnology 3rd Year	Puja
18	SAKSHI SINGH	B.Sc. Biotechnology 3rd Year	Sakshi
19	SALONI KUMARI	B.Sc. Biotechnology 3rd Year	Saloni
20	SAMIYA	B.Sc. Biotechnology 3rd Year	Samia
21	SANDHYA	B.Sc. Biotechnology 3rd Year	Sandhya
22	SHAILI PAL	B.Sc. Biotechnology 3rd Year	Shaili Pal
23	KAIF ANWAR	B.Sc. Micro 2nd Year	Kaif
24	KAKUL KARNWAL	B.Sc. Micro 2nd Year	Kakul Karnwal
25	KASHISH TYAGI	B.Sc. Micro 2nd Year	Kashish
26	KHUSHI PANWAR	B.Sc. Micro 2nd Year	Khushi
27	KHUSHI SHARMA	B.Sc. Micro 2nd Year	Khushi Sharma

28	KRISH VEER	B.Sc. Micro 2nd Year	Krish -
29	LAYBA	B.Sc. Micro 2nd Year	Layba
30	MAHAK	B.Sc. Micro 2nd Year	MAHAK
31	MANTSHA	B.Sc. Micro 2nd Year	M N
32	MANU	B.Sc. Micro 2nd Year	Manu
33	MAYANK KUMAR	B.Sc. Micro 2nd Year	Mayank
34	MAZNA	B.Sc. Micro 2nd Year	Hazna
35	ADIBA	B.Sc. Micro 3rd Year	Adiba
36	ALIZA KHAN	B.Sc. Micro 3rd Year	Alizakhan
37	AMAN	B.Sc. Micro 3rd Year	Aman
38	ARANSHA ANJUM	B.Sc. Micro 3rd Year	Aransha Anjum
39	AREEBA USMANI	B.Sc. Micro 3rd Year	Aman
40	ARYA SHARMA	B.Sc. Micro 3rd Year	Arya Sharma
41	ATUL BHARDWAJ	B.Sc. Micro 3rd Year	Atul Bhardwaj
42	AYUSHI DHIMAN	B.Sc. Micro 3rd Year	Ayushi Dhiman
43	DHEERAJ	B.Sc. Micro 3rd Year	Dheeraj
44	KANAK SHARMA	B.Sc. Micro 3rd Year	Kanak Sharma
45	KARAN	B.Sc. Micro 3rd Year	KARAN
46	KHUSHI	B.Sc. Micro 3rd Year	Khushi
47	MOHAMMAD ANAS	B.Sc. Micro 3rd Year	Mohd. An
48	MOHD KADIR	B.Sc. Micro 3rd Year	Kadir
49	PRIYANKA	B.Sc. Micro 3rd Year	Priyanka
50	RISHABH SINGH	B.Sc. Micro 3rd Year	Rishabh
51	RIYA	B.Sc. Micro 3rd Year	Riya
52	ROHIT KUMAR	B.Sc. Micro 3rd Year	Rohit
53	SAJAL CHAUHAN	B.Sc. Micro 3rd Year	Sajal
54	SARIK	B.Sc. Micro 3rd Year	Sarik
55	SANIA	B.Sc. Biotech 1st Sem	Sania
56	SANJEEV KUMAR	B.Sc. Biotech 1st Sem	Sanjeev
57	SHAGUN	B.Sc. Biotech 1st Sem	Shagun
58	SHALU	B.Sc. Biotech 1st Sem	Shalu
59	SHIVANI KUMARI	B.Sc. Biotech 1st Sem	Shivani

60	SIDRA SUBIYA	B.Sc. Biotech 1st Sem	Sidra
61	SNEHA	B.Sc. Biotech 1st Sem	Sheha
62	AAFIYA MIRZA	B.Sc. Micro 1st Sem	Aafiyaa
63	AAKASH KUMAR	B.Sc. Micro 1st Sem	Aakash
64	AASHISH KUMAR	B.Sc. Micro 1st Sem	aashish
65	AASHU PAL	B.Sc. Micro 1st Sem	Aashu
66	AAYUSHI	B.Sc. Micro 1st Sem	Aayushi
67	ABHISHEK	B.Sc. Micro 1st Sem	Abhishek Aayushi-
68	ABHISHEK	B.Sc. Micro 1st Sem	Abhishek
69	ABUZAR	B.Sc. Micro 1st Sem	Abhishek
70	ADITYA SHARMA	B.Sc. Micro 1st Sem	Abuzar
71	AKSHIT SHARMA	B.Sc. Micro 1st Sem	Aditya Sharma
72	ALSHIFA	B.Sc. Micro 1st Sem	Akshat
73	AMAN	B.Sc. Micro 1st Sem	Alshifa
74	ANIKET	B.Sc. Micro 1st Sem	Aman
75	VISHAKHA	B.Sc. Micro 3rd Year	Aniket
76	VISHU KASHYAP	B.Sc. Micro 3rd Year	Vishalkha -
77	URVASHI KAUSHIK	M.Sc. Micro 1st Sem	Vishu
78	VAISHALI	M.Sc. Micro 1st Sem	URVASHI
79	VIKRANT SINGH SAINI	M.Sc. Micro 1st Sem	Vaishali
80	VISHAL	M.Sc. Micro 1st Sem	Vikrant Singh Saini
81	ZOYA RANA	M.Sc. Micro 1st Sem	Vishal
82	ADITYA RANA	M.Sc. Biotech 1st Sem	Zoya -
83	AKSHA	M.Sc. Biotech 1st Sem	Aditya Rana
84	ALIHA ZAIDI	M.Sc. Biotech 1st Sem	Aksha
85	ALISHA NAAZ	M.Sc. Biotech 1st Sem	Aliha -
86	ALVEERA	M.Sc. Biotech 1st Sem	Alisha Naaz
87	GEETIKA	M.Sc. Biotech 1st Sem	Alveera
88	HIMANI SHARMA	M.Sc. Biotech 1st Sem	Geetika
89	MAHEEN REHMAN	M.Sc. Biotech 1st Sem	H Sharma
90	MEDHAVI MALIK	M.Sc. Biotech 1st Sem	Maheen Rehman
91	MEHAK ROZ MALIK	M.Sc. Biotech 1st Sem	Medhavi Malik
			Roz Malik